Registered with and regulated by the Office of the Scottish Charity Regulator (charity no SC018761), Chest Heart & Stroke Scotland and CHSS are operating names of The Chest, Heart & Stroke Association Scotland. Also registered in Scotland as a company limited by guarantee, no SC129114.

In Aid Of Chest Heart & Stroke Scotland

PLEASE SPONSOR ME!

Name:_____ I'm going to:_____

On (date):_____ _____

Form holder - please fill in this box before asking for any sponsorship

Every £10 raised helps provide essential, practical information to 18 families affected by a chest, heart or stroke condition.

Make your gift go further with Gift Aid

giftaid it

If you tick the box below Chest Heart & Stroke Scotland will receive a further 25p for every pound you give. We need your name, home address AND postcode to claim Gift Aid.

If I have ticked the box headed 'Gift Aid', I confirm that I am a UK Income or Capital Gains taxpayer and that I have agreed to the Gift Aid statement below.**

First name	Surname	Home address (Gift Aid cannot be claimed on business addresses)	Post code	Amount sponsored	Date	Re-ceived	More Info*	Gift Aid**
e.g Ann	Example	1 High St, Anytown, County	AB1 2CD	£20.00	dd/mm/yy	✓	✓	✓
			Total					
			Date donations given to Charity	dd/mm/year				

* More Info - If you would like more information about Chest Heart & Stroke Scotland please tick this box.

For CHSS use ID: Sig: Name:

If found, please return to: Chest Heart & Stroke Scotland, 3rd Floor, Rosebery House, 9 Haymarket Terrace, Edinburgh EH12 5EZ | Tel: 0131 225 4800 | Fax: 0131 220 6313

Form holder - please fill in this box before sending in your form.

Home Address_____

_____

_____ Postcode_____

Gift Aid: I have read this statement and want the charity or Community Amateur Sports Club (CASC) named above to reclaim tax on the donation detailed above, given on the date shown. I understand that I must pay an amount of Income Tax and/or Capital Gains Tax in the tax year at least equal to the amount of tax that all the charities and CASCs I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given. I wish the charity to claim tax on all donations I have made 4 years prior to this date and from this date forward until I notify you otherwise.